

## Laser Pre-Treatment Instructions

## **Before Treatment:**

PRESCRIPTIONS (if applicable): Ensure that all prescriptions have been filled before treatment

- Anti-viral meds (Acyclovir) Start 2 days before procedure (twice a day)
- Antibiotics (Keflex) Start 2 days before procedure (twice a day)
- Pain meds RX will be given at Dr. Yamamoto's discretion
- Numbing cream If a written RX is given to you to pick up at Don's Pharmacy (any time before procedure). Please bring this with you on the day of your procedure.

SKIN PREP: If a Pre-Treatment Hydroquinone Kit or a "brightening kit" (depending on skin type) is recommended, this must be used for at least 3-4 weeks prior to having your laser treatment.

## **Morning of Treatment:**

- Wash your face the morning of your procedure
- MAKE-UP: Please DO NOT wear moisturizers, creams, lotions, eye make-up or other type of make-up.
- CONTACTS: Please do not wear your contacts the day of surgery, wear your glasses to the Center. If you wear your contacts to your appointment, please bring a container and the necessary solution for them.

Post Treatment instructions will be provided to you via email.